香港新界沙田馬鞍山鞍駿街2號烏溪沙青年新村 轉 黃宜洲青年營 Wu Kwai Sha Youth Village, No. 2, On Chun Street, Ma On Shan, Shatin, N.T., Hong Kong c/o WYC Youth Camp 電話Tel: +852 2792 4516 | 傳真Fax: +852 2792 3085 | wyccamp@ymca.org.hk

# **Venue and Activity Reservation Guide**

#### 1 Indoor Venue

Venue	Area	Priority groups	Air-Con Fee (Charged on an hourly basis)
Recreation Hall H1	1500 sq. feet	Group of 60 or above	\$100 /hour
Y's Men Hall H2	1300 sq. feet	Group of 60 or above	No Air Conditioning
Activity Room 1 R1	670 sq. feet	Group of 40 or above	\$50 /hour
Activity Room 2 R2	670 sq. feet	Group of 40 or above	\$50 /hour

To go green, please turn off all electrical appliances when not in use.

#### 2 Outdoor Venue

- All outdoor venue are free to use.
- All public area and outdoor venue are open to all campers, no reservation is required (Except Camp Fire and Water Game) Public area and outdoor venue can not be occupied.
- Please reserve the camp fire site 2 weeks in advance. (All materials must be prepared by the Groups)
- For Water Games, Application need to be submitted 2 weeks in advance.

3 Other Equipment

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Equipment	Fee (Charged on an hourly basis)	Indoor Sound System	Fee (Charged on session basis)				
Projector K1	\$100 /hour	Recreation Hall	\$170				
Portable Audio System K2	\$50 / hour	Activity Room	\$120				
Electric Piano K3	\$50 / hour		* 3 hours per session*				

#### User's Note:

- Please follow the instructions and be considerate.
- All borrowed equipment (or items) should be return to the camp office before leaving.
- The user (The Organization) is obliged to compensate for any losses or damages.

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<sup>\*</sup> No other charges except the use of air conditioning.\*

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## 4 Self- Organized Activities

- Please consult our camp staff for the feasibility and safety measures in advance.
- Chinese YMCA of HK, Wong Yi Chau Youth Camp and its staff, part-time employees, instructors and/or volunteers take no responsibility of any property losses or human casualty induced by selforganized activities.

## 5 General Rules for Camp Activities

- I. Camp activities would be postponed or cancelled subject to the weather condition or other unforeseen situation circumstances. Our camp reserves the right on whether to proceed the camp activities accordingly.
- II. Camp Activities Guide
  - i. Participants should be aged 11 or above. (Except Orienteering, Leaves Rubbing and Circle Painting)
  - ii. Participants must put on shoes which can protect toes and ankles. <u>Slippers or sandals</u> are not suitable.
  - iii. **Participants must use related <u>safety gear</u>**, such as buoyancy aid, harness, arm guard, etc provided.
  - iv. Be aware of your physical condition. Do not push yourself beyond your limit.
  - v. All camp activities must be supervised under our camp staff or recognized instructors.
  - vi. Please inform to the instructor or camp staff if you feel sick or have any difficulty.
  - vii. Always follow the instructions given by the instructors or the camp staff.
- III. Participants should arrive at the activity site on time. Late-comers will be denied to participate.

### The camp activity would be cancelled if no participant shows up after 15 minutes.

\* The above rules apply to all of the following camp activities. \*

## 6 Free Camp Activities

- Two sessions will be provided: 9:30am to 11:00am; 11:00 to 12:30 am.
- Free Camp Activities are only available on Sundays, Public holidays (Not inclusive in summer period)
- Free camp activities are open to all campers. Members from different organizations may be participating at the same session. Maximum capacity for each session is 30.
- If the total number of participant exceeds the limit, camp will allocate the activity quota to each group in proportion.
- Please mark down the no. of 'Participant' in Free Activity on the Venue & Activities Reservation Form if your members wish to join our free camp activity.
- Free activities must reserve 2 weeks in advance.

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## 7 Charged of Camp Activities

### **Waterfront Activities**

- Participant aged between 11 to 14 must be accompanied by an adult.
- Participants must be able to swim for at least 50m.
- Participants should put on buoyancy aid and shoes which can protect the toes and ankles.
- Participants should bring out and return the vessels by themselves under the guidance of camp staff or instructors.

Activity	Time Span per session	No. of Participants	Charges	Description
Sit On top Kayak W1	Approx. 1.5 hr.	Max. 52	Each vessel \$30 / Session Instructor fee \$400 / Session Instructor/participant ratio: 1:8	No. of vessels: Double Kayak: 26
Stand Up Board W2	Approx. 1.5 hr.	Max. 16		No. of vessels: 16
Dragon Boat W3	Approx. 1.5 hr	Max. 28	Each vessel \$600 / Session (Instructor fee included) Instructor/participant ratio: 1:14	No. of vessels: 2 *Participants should be aged 14 or above.*
Raft Building W4	Approx. 1.5 hr.	Max. 60	Each vessel \$500 / Session (Instructor fee included) Instructor/participant ratio: 1:10	Each set include: 10 pipes, 4 floating tanks, 16-20 ropes. 6 sets are available. *Participants should be aged 14 or above.*

#### **Orienteering**

Participant aged between 11 to 14 must be accompanied by an adult.

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Activity	Time Span per session	No. of Participants	Charges	Description
Orienteering A1	Approx. 1 hr.	N.A.	Free of charge *Provide maps and solutions only*	Participants find the check points indicated on the map and then copy the signs displayed.  Materials: maps, pens or pencils

#### **Rope Course**

Participant aged between 11 to 14 must be accompanied by an adult.

- Rope Course activity demand a lot of energy and can be risky, participants who find themselves exhausted should stop immediately, get rest and inform the instructor.
- Participants should put on all safety gears. Each obstacle can only entering 1 participant.

Activity	Time Span per session	No. of Participants	Charges	Description
Rope Course A2	Approx. 1.5 hr.	Max. 30	\$400 / Session (Gears included) Instructor/participant ratio:1:30	There are 11 obstacles along the course.

<sup>\*</sup> Please note that the renovation is in progress.\*

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### **Archery**

Participant aged between 11 to 14 must be accompanied by an adult.

Activity	Time Span per session	No. of Participants	Charges	Description
Archery A3	Approx. 1.5 hr.	10-20	\$300 / Session (Gears included) Instructor/participant ratio:1:20	Group battles with suction type bows and arrows

#### **Dodgebee**

Participant aged between 11 to 14 must be accompanied by an adult.

Activity	Time Span per session	No. of Participants	Charges	Description
Dodgebee A4	Approx. 1 hr.	25	\$300 / Session (Gears included) Instructor/participant ratio:1:25	An exciting, fast-paced interactive game by catching and throwing a soft flying disc.

**Leaves Rubbing** 

Activity	Time Span per session	No. of Participants	Charges	Description
Leaves Rubbing A5	Approx. 1.5 hr.	10-20	\$450 / Session (Gears included) Instructor/participant ratio:1:20	By finding the different leaves in the island. And using a glue hammer rub the leaves rings on the paper.

**Wood Painting** 

Activity	Time Span per session	No. of Participants	Charges	Description
Wood Painting A6	Approx. 1.5 hr.	10-20	\$450 / Session (Gears included) Instructor/participant ratio:1:20	Using a panel wood to create your own drawing.

#### **Abseilng**

Participant aged between 11 to 14 must be accompanied by an adult.

Participant must wear appropriate shoes and clothing.

Activity	Time Span per session	No. of Participants	Charges	Description
Abseiling A7	Approx. 2 hr.	20	\$1200 / Session (Gears included) Instructor/participant ratio:2:20	Participants must wear harness and helmet. Travel down from a 6 meter platform with rope.

<sup>\*</sup>Reminder: Debriefing session is not included. \*

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#### **Low Elements Activity**

- Participant aged between 11 to 14 must be accompanied by an adult.
- Participants must wear appropriate shoes and clothing.

Activity	Time Span per session	No. of Participants	Charges	Description
Roman Catapult L1	Approx. 1.5 hr.	10-15	\$500/ Session (Gears included) Instructor/participant ratio: 1:15	Using pipes and ropes, group of participants build a "catapult" and toss "water-cannon-balls" to each other.
High Wall L2				Group of participants climb up a 10-feet high wall. To complete the task, high level of cooperative skills and mutual trust between group members are necessary.  *Participants aged 14 or above only. *
Beam L3	Approx. 1 hr.	10-25	\$300/ Session (Gears included) Instructor/participant ratio: 1:25	Group of participants climb across a beam hanging 6-7 feet above ground. To complete the task, high level of cooperative skills and mutual trust between group members are necessary.  *Participants aged 14 or above only.*
Pole & Tire L4				Insert a small tire into a 13-feet tall pole from the top. To complete the task, high level of cooperative skills and mutual trust between group members are necessary.  *Participants aged 14 or above only.*

<sup>\*</sup>Reminder: Debriefing session is not included. \*

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<sup>\*</sup>Extra Instructor costs \$500 in Roman Catapult (L1) and in \$300 (L2-4).

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### **Instructive Activity**

- Participant aged between 11 to 14 must be accompanied by an adult.
- Please book TWO activities in ONE booking session •
- Participants should wear appropriate shoes and clothing.

Activity	Time Span per session	No. of Participants	Charges	Description
Whale Watch L5	Approx. 40mins	10-20	\$300 / 2 Session (Gears included)	Standing on a 13'x 8' seesaw (teeter board) and keep both ends of the board in the air.
Filling Pipe L6	Approx. 40mins	10-20	\$300 / 2 Session (Gears included)	Fill up a leaking pipe with water, until the ball inside floats up. Participants may only use their palms, fingers or other body parts to stop the leaking.
Human Ladder L7	Approx. 40mins	10-20	\$300 / 2 Session (Gears included)	Use their bodies and metallic pipes, the participants build a "human Ladder". Then they challenge themselves by walking on the ladder.
Time Out L8	Approx. 40mins	10-20	\$300 / 2 Session (Gears included)	Participants, work together, step on the number card in sequence at shortest time.
Across the river by bricks	Approx. 40mins	10-20	\$300 / 2 Session (Gears included)	Participants, work together, need to step on bricks to across a river barrier.
Clear Nuclear Waste L10	Approx. 40mins	10-20	\$300 / 2 Session (Gears included)	Participants, need work together, to use simple tools, such as rope, paper to move out the "nuclear waste" from the circle center.
Polygon L11	Approx. 40mins	10-20	\$300 / 2 Session (Gears included)	Participants closed their eyes and create different polygon with a rope.
Spider Web L12	Approx. 40mins	10-15	\$300 / 2 Session (Gears included)	Go through the spider web without touching the "spider strings"! To complete, a high level of cooperative skill and mutual trust between group members are necessary.
Trolleys L13	Approx. 40mins	7-11	\$300 / 2 Session (Gears included)	Standing on a pair of logs (Trolleys) and move together.
Pipe and marble L14	Approx. 40mins	20-40	\$300 / 2 Session (Gears included)	Standing in line, participants hold a pipe and connect together in order to channel the marbles to the destination.

<sup>\*</sup>Reminder: Debriefing session is not included. \*

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